

## **PARTIAL LIST OF PUBLICATIONS:**

### **REQUESTED NON-MEDICAL PUBLICATIONS**

The Value of Vitamins. *Strictly Health* Nov/Dec 1997

Does Someone You Love Have Heart Disease? *Strictly Health* Jan/Feb 1998.

Women and Heart Disease. *Strictly Business* February 1998.

The Evolution of Medicine. *The Reader*. February 1998.

Integrated Physicians of Nebraska, PC. Some Questions and Answers with Richard M. Fleming, M.D. *Journal of the American Chiropractic Association*. March 1998.

“America’s Doctor” A Syndicated Column, under discussion 2021.

### **PRELIMINARY PHASE RESEARCH PRESENTED LOCALLY**

"A Study on the Effects that 13 H-Diabenzo(a,i)-carbazole, Benzo(a)pyrene and Dibenzothiophene have on the Growth of *Tetrahymena pyriformis*." Undergraduate work at the University of Northern Iowa, Cedar Falls, Iowa, Department of Biology, Professor Barton Bergquist, 1979 - 1980.

"Avoidance and Anxiety Reactions." Undergraduate and Graduate Industrial Psychology research at the University of Northern Iowa, Cedar Falls, Iowa, Department of Psychology, Professor Jack Yates and John Sommerville - Dean of the Graduate College, 1980 - 1981.

“Genetic Rat Lab Studies”, University of Northern Iowa, Cedar Falls, Iowa, Department of Psychology, Professor Gordon M. Harrington, 1980-1981.

"Sodium and Hypertension Studies" Senior Medical Student/Honors Program in Internal Medicine. Drs. William Lawton and Allyn Mark, University of Iowa College of Medicine, 1985 - 1986.

### **FEDERAL PUBLISHED REPORTS INCORPORATING MY PUBLISHED DATA**

Grady D, Chaput L, Kristof M. Diagnosis and treatment of coronary heart disease in women: Systematic review of evidence on selected topics. Evidence report/technology assessment Number 81. (Prepared by the University of California, San Francisco-Stanford evidence-based practice center under Contract

No. 290-97-0013.) AHRQ Publication No. 03-E037. Rockville, MD: Agency for Healthcare Research and Quality. May 2003. [www.ahrq.gov](http://www.ahrq.gov)

Bruening W, Lauenders J, Pinkney N, Kostinsky H, Schoelles K, Turkelson C. Comparative Effectiveness Review. Number 2: Effectiveness of Noninvasive Diagnostic Tests for Breast Abnormalities. (Prepared for the Agency for Healthcare Research and Quality, U.S. Dept of Health and Human Services). AHRQ Publication No. 06-EHC005-EF, February 2006. [www.ahrq.gov](http://www.ahrq.gov)

### **EUROPEAN POSITION PAPER ON ATHEROSCLEROSIS INCORPORATING FLEMING PUBLISHED DATA**

Reiner Z, and the *European Atherosclerosis Society. 2009 Position Paper* incorporating: (1) **Fleming RM**, Harrington GM. "What is the Relationship between Myocardial Perfusion Imaging and Coronary Artery Disease Risk Factors and Markers of Inflammation?" *Angiology* 2008;59:16-25. (2) **Fleming RM**, Harrington GM, Baqir R, Jay S, Sridevi Challapalli, Avery K, Jim Green. The Evolution of Nuclear Cardiology takes Us Back to the Beginning to Develop Today's "New Standard of Care" for Cardiac Imaging: How Quantifying Regional Radioactive Counts at 5 and 60 Minutes Post-Stress Unmasks Hidden Ischemia. *Methodist DeBakey Cardiovascular Journal (MDCVJ)* 2009;5(3):42-48. And (3) **Fleming RM**, Harrington GM, Jay S, Challapalli S. Fleming-Harrington Redistribution Washin-Washout (FHRWW) protocol correctly identifies ischemia by measuring quantitative differences in regional radioactive isotope levels at 5 and 60 minutes post-stress. Submitted NEJM.

### **WORKS IN PROGRESS PRESENTATIONS**

**Fleming RM.**, Kirkeeide RL, Taegtmeier H, Adyanthaya A, Cassidy DB, Goldstein RA. Feasibility of SPECT Perfusion Imaging with Technetium 99m - Teboroxime: Comparison to Thallium - 201 and Quantitative Coronary Arteriography. 37th Annual Society of Nuclear Medicine Meeting, Washington, DC. June 19 - 22, 1990.

### **PROFESSIONAL AND MEDICAL JOURNALS**

1. Bergquist BL. Dandelion Floral Stems: A Model for Teaching Cellular Tonicity. *the American Biology Teacher*, 1981;43(1):45-47.
2. Sommerville JW, Barrios FX, **Fleming RM.**, Reiher TC, Fish NL. Differences in Characteristics Preferred by College Students for Academic Advisors, Vocational

- Counselors and Psychotherapists: A Preliminary Report. Perceptual and Motor Skills, 1982;54:29-30.
3. **Fleming RM**, Kirkeeide RL, Taegtmeier H, Adyanthaya A, Cassidy DB, Goldstein RA. A Comparison of Technetium 99-m Teboroxime Tomography to Automated Quantitative Coronary Arteriography and Thallium - 201 SPECT. *J Am Coll. Cardiol.* 1991;17:1297-1302.
  4. **Fleming RM**, Kirkeeide RL, Smalling RW, Gould KL. Patterns in Visual Interpretation of Coronary Arteriograms as Detected by Quantitative Coronary Arteriography. *J Am Coll. Cardiol.* 1991;18:945- 951.
  5. **Fleming RM**, Gibbs HR, Swafford J. Using Quantitative Coronary Arteriography to Redefine SPECT Sensitivity and Specificity. *Am J Physiol. Imag.* 1992;7:59-65.
  6. **Fleming RM**, Detecting Coronary Artery Disease Using SPECT Imaging: A Comparison of Thallium-201 and Teboroxime. *Am J Physiol Imag* 1992;7(1):20-23.
  7. **Fleming RM**, Harrington GM. Quantitative Coronary Arteriography and its Assessment of Atherosclerosis. Part 1. Examining the Independent Variables. *Angiology* 1994;45(10):829-833.
  8. **Fleming RM**, Harrington GM. Quantitative Coronary Arteriography and its Assessment of Atherosclerosis. Part 2. Calculating Stenosis Flow Reserve Directly from Percent Diameter Stenosis. *Angiology* 1994;45(10):835-840.
  9. **Fleming RM**, Rose CH, Feldmann KM. Comparing a High Dose Dipyridamole SPECT Imaging Protocol with Dobutamine and Exercise Stress Testing Protocols. *Angiology* 1995;46(7):547-556.
  10. **Fleming RM**, Ketchum K, Gaede R. Treating Hyperlipidemia in the Elderly. *Angiology* 1995;46(12):1075-1083. DOI.org/10.1177/000331979504601202.
  11. **Fleming RM**, Gaede, R. Training Physicians and Health Care Providers to Accurately Read Coronary Arteriograms. *Angiology* 1996;47(4):349-359.
  12. **Fleming RM**, Ketchum K, Gaede R. Assessing the Independent Effect of Dietary Counseling and Hypolipidemic Medications on Serum Lipids. *Angiology* 1996;47(9):831-840.
  13. **Fleming RM**, Feldmann KM. Comparing a High Dose Dipyridamole SPECT Imaging Protocol with Dobutamine and Exercise Stress Testing Protocols. Part II: Using High-Dose Dipyridamole to Determine Lung-to-Heart Ratios. *Intern J Angiol* 1998;7:325-328.

14. **Fleming RM**, Feldmann KM. Comparing a High Dose Dipyridamole SPECT Imaging Protocol with Dobutamine and Exercise Stress Testing Protocols. Part III: Using Dobutamine to Determine Lung-to-Heart Ratios, Left Ventricular Dysfunction and a Potential Viability Marker. *Inter J of Angiol* 1999;8:22-26.
15. **Fleming RM**. The Fleming Unified Theory of Vascular Disease: A Link Between Atherosclerosis, Inflammation, and Bacterially Aggravated Atherosclerosis (BAA). *Angiol* 2000; 51: 87-89.
16. **Fleming RM**. The Clinical Importance of Risk Factor Modification: Looking at Both Myocardial Viability (MV) and Myocardial Perfusion Imaging (MPI) Intern *J Angiol* 2000;9:55-69.
17. **Fleming RM**. The Natural Progression of Atherosclerosis in an Untreated Patient with Hyperlipidemia: Assessment via Cardiac PET. *Intern J Angiol* 2000;9:70-73.
18. **Fleming RM**. Shortcomings of coronary angiography. Letter to the Editor. *Cleveland Clin J Med* 2000;67:450.
19. **Fleming RM**, Boyd L, Forster M. Reversing Heart Disease in the New Millennium - The Fleming Unified Theory, *Angiology* 2000;51(10):617-629.
20. **Fleming, RM**. The Effect of High Protein Diets on Coronary Blood Flow. *Angiology* 2000;51(10):817-826.
21. **Fleming RM**. High-Dose Dipyridamole and Gated Sestamibi SPECT Imaging Provide Diagnostic Resting and Stress Ejection Fractions Useful for Predicting the Extent of Coronary Artery Disease. *Angiology* 2002;53(4):415-421.
22. **Fleming RM**. A Tate-en-Tate Comparison of Ejection Fraction and Regional Wall Motion Abnormalities as Measured by Echocardiography and Gated Sestamibi SPECT. *Angiology* 2002;53:313-321.
23. **Fleming RM**. Coronary Artery Disease is More than Just Coronary Lumen Disease. *Amer J Card* 2001;88:599-600.
24. **Fleming RM**. Breast enhanced scintigraphy test demonstrates improvement in breast inflammation in women consuming soy protein. *American Society for Nutritional Sciences. J Nutr.* 2002;132:575S.
25. **Fleming RM**. Mitochondrial Uptake of Sestamibi Distinguishes Between Normal, Inflammatory Breast Changes, Pre-cancers and Infiltrating Breast Cancer. *Integrative Cancer Therapies* 2002;1(3):229-237.

26. **Fleming RM**, Dooley WC. Breast Enhanced Scintigraphy Testing (B.E.S.T.) Distinguishes Between Normal, Inflammatory Breast Changes and Breast Cancer. A Prospective Analysis and Comparison with Mammography. *Integrative Cancer Therapies* 2002;1(3):238-245.
27. **Fleming RM**. The Effect of High, Moderate and Low Fat Diets On Weight Loss and Cardiovascular Disease Risk Factors. *Preventive Cardiology* 2002;V(III):110-118. [<http://www.medscape.com/viewarticle/438769>]
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30. **Fleming RM**. Using C-Reactive Protein as a Marker of Bacterially Aggravated Atherosclerosis in Acute Coronary Syndromes. *J Amer Coll Angiol* 2003;1:165-71.
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36. **Fleming RM**. The effect of ephedra and high fat dieting – a cause for concern! A case report. *Angiology* 2007; 58:102-5.
37. **Fleming RM**. The Longitudinal Effects of Fenfluramine-Phentermine Use. *Angiology* 2007;58:353-9.

38. Nielson C, **Fleming RM**. Blood glucose and cerebrovascular disease in non-diabetic patients. *Angiology* 2007;58(5):625-9.
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44. **Fleming RM**, Harrington GM, Ayoob KT. Heart Benefits and Harms of Diet Counseling: A randomized controlled trial. (in process)
45. **Fleming RM**, Harrington GM, Jay S, Avery K. Case 20 – Cardiac viability measured using resting FH Washout of Sestamibi. Sestamibi is not superglue. ASNC Best Cases 23 March 2009, [http://www.asnc.org/section\\_62.cfm](http://www.asnc.org/section_62.cfm)
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[http://www.annals.org/content/153/8/499.abstract/reply#annintmed\\_el\\_125941](http://www.annals.org/content/153/8/499.abstract/reply#annintmed_el_125941)
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53. **Fleming RM.** Defining Dietary Outcomes Based Upon End Organ Damage. Annals of Intern Med 18 November 2010.\_  
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  73. **Fleming RM**, Fleming MR, Harrington GM, McKusick A. WEIGHT LOSS V. HEART DISEASE: Weight loss is determined by caloric intake. Heart disease is determined by dietary inflammatory components. True Quantification of Coronary Artery Disease Measured by AI Using FMTVDM©. Archives of Medicine 2018;10(5):3. DOI:10.21767/1989-5216.1000284.
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### **INVITED/COMMISSIONED PUBLICATIONS**

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### MEDICAL ATLASES

**Fleming RM.** Clinical Presentation of 74 year old lady with significant LAD and RCA artery disease demonstrated with new Dipyridamole Teboroxime Protocol and verified by Quantitative Coronary Arteriography. (*Atlas at Squibb pharmaceuticals*)

### eLETTERS TO THE EDITOR, INTERNET MEDICAL AND NEWSLETTER/MAGAZINE PUBLICATIONS

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### **MEDICAL TEXTBOOK EDITOR-IN-CHIEF**

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### **JOURNAL GUEST-EDITOR**

**Modern Nuclear Cardiology**; Current Hypertension Reviews. 2013

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**ABSTRACT CONFERENCE PRESENTATIONS**

1. **Fleming RM.**, Kirkeeide RL, Taegtmeyer H, Adyanthaya A, Cassidy DB, Goldstein RA. Feasibility of SPECT Perfusion Imaging with Technetium 99-m Teboroxime: Comparison to Thallium- 201 and Quantitative Coronary Arteriography. 5th World Congress of Nuclear Medicine and Biology, European Journal of Nuclear Medicine. 1990 Montreal, Canada.
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6. **Fleming RM.**, Harrington GM, Gibbs HR, Swafford J. Atherosclerosis as Measured by Quantitative Coronary Arteriography. The Council on Arteriosclerosis for the 66th Scientific Sessions of the AHA. Sept. 1993:107.
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12. **Fleming RM.**, Fleming DM, Gaede R. Hyperlipidemic Elderly Patients: Comparing Diet and Drug Therapy. The Council on Arteriosclerosis for the 67th Scientific Sessions of the AHA. November 1994:101.
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25. **Fleming RM.** The Importance of FDG in the Assessment of Risk Factor Modification Outcomes. XVI World Congress of the International Society of Heart Research, Rhodes, Greece 27-31 May 1998
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28. **Fleming RM.**, Boyd L., Forster M. Angina is Caused by Regional Blood Flow Differences - Proof of a Physiologic (Not Anatomic) Narrowing, Joint Session of the European Society of Cardiology and the American College of Cardiology, Annual American College of Cardiology Scientific Sessions, Anaheim, California, USA, 12 March 2000, 49th (Placed on internet [www.prous.com](http://www.prous.com) for physician training and CME credit, April 2000.)
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31. Lipsenthal L, Ornish D, **Fleming RM.** Diets to reduce weight and CV risk: Hype or Hope? Lower fat is better. AHA 73rd Scientific Session, New Orleans, LA, November 12, 2000.
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56. **Fleming RM**. (Keynote Speaker) FMTVDM-FHRWW©© Provides Paradigm Shift in Nuclear Cardiology, 27<sup>th</sup> International Conference on Clinical & Experimental Cardiology Research. Theme: Dive deep into the mechanism of the heart. Vancouver, British Columbia, Canada, September 21, 2018.

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58. **Fleming RM**, Fleming MR, McKusick A, Dooley WC. FMTVDM©©: The first machine learning (AI) diagnostic nuclear imaging protocol providing true quantification, tissue differentiation and patient directed determination of treatment outcome. Dubai, UAE October 8-9, 2018.
59. **Fleming RM**. (Keynote Speaker) FMTVDM: Quantification of Tissue Differentiation and Treatment Monitoring. 36<sup>th</sup> World Cancer Conference. Zurich, Switzerland. October 11-13, 2018.
60. **Fleming RM**, Fleming MR, McKusick A, Chaudhuri T. (Keynote Speaker) FMTVDM©© - A Quantum Leap forward for the Fields of Nuclear Cardiology & Nuclear Medicine. 2<sup>nd</sup> Global Heart Congress: Connect and Exchange Ideas. Osaka, Japan November 21-22, 2018.  
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